



Origin of Trails - Trail Run Race Rules

GENERAL:

I understand that by entering the event I will be added to the event communication database to receive communication about the event and other events.

1. RULES AND OFFICIALS

- 1.1. For any matter not covered in these rules, the rules of IAAF shall apply.
- 1.2. The instructions of race officials must always be obeyed.

2. ELIGIBILITY AND ENTRY

- 2.1 The minimum age for participation is 8-10 years old accompanied by an adult on the day the race starts.
- 2.2 Each entrant is responsible for ensuring that they are healthy and fit enough to participate in an event of this nature.
- 2.3 The Race Organizers reserve the right to request an entrant to provide a doctor's medical certificate before accepting an entry.
- 2.4 The Origin of Trails Trail Run is a foot race and the entire distance must be covered unaided and on foot.
- 2.5 Entries will not be accepted from any person suspended by a sports governing body.

3. WITHDRAWALS, SUBSTITUTIONS AND ROLL-OVERS

3.1. Refunds are permissible, based on medical grounds only. An administration fee of 10% will be applicable

3.2. Roll-Overs are permissible, based on medical grounds only, up to 2 months prior to the event. An administration fee of R50 per person is applicable. Please note the following conditions regarding Roll-Overs apply:

- Participants will be liable for any change in entry fee from one year to the next
- Roll-Overs are valid for ONE year only. If the participant does not, for any reason, participate in the event in the year they have entered for or the year there after their entry fee will NOT be refunded
- The event organisers are entitled to make venue and/or date changes and will not be held liable for roll-over entries that cannot be used as a result.

3.3 Substitutions are permissible until 2 weeks before the event. An administration fee of R50 per person will be applicable.

4. RUNNER IDENTIFICATION

4.1 Each runner will be numbered.

4.2 Each runner must always display the race number on their outer garment, worn on their upper half and fixed to the chest.

4.3 Race numbers must be worn as issued and may not be cut, folded or obscured in any way. The race number may NOT be altered or perforated at all.

5. ROUTE

5.1 Participants must adhere to the designated route and may not take short cuts.

5.2 Any participant who exits the route for any reason must return to the route at the same point from which they exited.

5.3 The instructions of marshals and race officials must always be adhered to .

5.4 The Race Organizers reserve the right to modify the route at short notice.

6. ENVIRONMENT

- 6.1 Littering and damage to the environment will not be tolerated under any circumstances.
- 6.2 Any offence noted should be reported to the Race Referee. Offenders may be disqualified.
- 6.3 Smoking or open flames are not permitted on the route.
- 6.4 Glass bottles are not permitted on the route.
- 6.5 All containers and packaging must be carried and only disposed of at the official support stations or the Finish.

7. ETIQUETTE

- 7.1 No animals are permitted.
- 7.2 Sections of the route pass through private or regulated property. Entry to the event does not give the participants right of access to the route except during the event. Any person reported for trespassing on land relating to the route of the Platinum Trail Run at any time of the year shall receive a lifetime ban from the race.
- 7.3 Behaviour in the over-night camp will be subject to the same rules of conduct as during the race itself.
- 7.4 Participants are expected to show courtesy to other users on the route. Give way to faster participants (overtaking) and the public.