



Xterra Grabouw FULL

22 February 2015



P_Dist	P_Cat	P_Sex	FinishTime	Race#	Chip Nr	Surname	Name	Sex	Category	Swim	T1	Bike	T2	Run	Team name	Team member 3
1	1	1	2:32:47	1 M	3945	Marais	Stuart	M	PRO M	0:19:46	0:01:14	1:19:27	0:00:57	0:51:22		
2	1	1	2:32:49	1040	707	Swallow Jodi	Lammond Nic	T	Team Mixed	0:19:00	0:01:20	1:24:08	0:00:45	0:47:35	SMSPortal songo.info on fire	Cunnama James
3	1	2	2:34:54	1041	1290	Hugo Dan	Madolo Siphosenkosi	T	Team Male	0:20:20	0:01:27	1:24:41	0:00:55	0:47:30	SMSPortal songo.info Aces	Snyman Abongile
4	2	2	2:35:42	3 M	1077	Weiss	Bradley	M	PRO M	0:19:21	0:01:13	1:21:30	0:00:59	0:52:38		
5	3	3	2:37:20	9 M	30822	Serrano	Roger	M	PRO M	0:19:13	0:01:09	1:22:26	0:00:51	0:53:40		
6	4	4	2:37:35	4 M	2955	Blignaut	Theo	M	PRO M	0:19:04	0:01:13	1:26:15	0:00:51	0:50:11		
7	5	5	2:38:34	5 M	2450	Van Heerden	Antoine	M	PRO M	0:21:10	0:01:10	1:23:45	0:00:54	0:51:34		
8	6	6	2:41:13	16 M	12478	Szymoniuk	Michael	M	PRO M	0:21:21	0:01:28	1:23:44	0:00:51	0:53:48		
9	7	7	2:42:35	6 M	2056	Sterk	Nico	M	PRO M	0:20:26	0:01:13	-	-	2:20:56		
10	8	8	2:43:55	7 M	30335	Pyott	Jan	M	PRO M	0:21:03	0:01:06	1:24:55	0:00:59	0:55:51		
11	9	9	2:44:51	15 M	117	Nugent	Aidan	M	PRO M	0:19:44	0:01:22	1:26:57	0:01:00	0:55:47		
12	1	1	2:45:27	1 F	1841	Duffy	Flora	F	PRO F	0:18:47	0:01:13	1:30:18	0:01:01	0:54:07		
13	2	3	2:46:42	924	12058	Rebello Dylan	Leslie Megan	T	Team Mixed	0:20:22	0:01:24	1:22:51	0:00:46	1:01:18	Jeep Team SA	Roodt Stephano
14	1	10	2:46:48	250	1896	de Jongh	Raoul	M	35-39 M	0:20:01	0:01:37	1:27:46	0:01:14	0:56:09		
15	2	4	2:47:00	922	12171	de Waal Ryal	Kruger Tommie	T	Team Male	-	0:23:20	-	-	2:23:40	Silent Assassins	Groenewald Francois
16	1	11	2:48:49	65	13959	Daneel	Matt	M	25-29 M	0:22:10	0:01:23	-	1:28:22	0:56:53		
17	3	5	2:49:07	957	2091	Lambert Eddie	Bresner Knipe Louis	T	Team Mixed	0:21:34	0:01:20	1:24:21	0:00:49	1:01:02	Team Contego	Rodgers Guinivere
18	10	12	2:50:12	8 M	2925	Thijs	Jim	M	PRO M	0:22:59	0:01:19	1:27:33	0:00:58	0:57:22		
19	1	13	2:50:40	202	7	YANNICK	DESFARGES	M	30-34 M	0:22:55	0:01:39	1:28:59	0:00:59	0:56:07		
20	1	14	2:51:14	562	3981	Lord	Michael	M	20-24 M	0:21:43	0:01:08	1:31:57	0:01:27	0:54:58		
21	2	15	2:51:48	228	30801	Swanepoel	Niel	M	30-34 M	0:23:08	0:01:52	1:31:03	0:00:57	0:54:47		
22	3	16	2:51:56	184	3647	tauty	nicolas	M	30-34 M	0:24:37	0:01:31	1:29:59	0:01:12	0:54:36		
23	11	17	2:52:22	11 M	2329	Ginsberg	Mitchell	M	PRO M	0:21:09	0:01:20	1:32:12	0:00:53	0:56:47		
24	4	6	2:54:18	964	2634	Lindeque Lawrence	Cooper Jessica Ashleigh	T	Team Mixed	0:20:17	0:01:38	1:38:30	0:00:52	0:53:00	Team Kauai	Baard Derrick
25	2	18	2:56:05	52	30448	Nienaber	Charl-Stephan	M	20-24 M	0:26:57	0:01:56	1:31:13	0:01:11	0:54:47		
26	2	19	2:57:20	578	205	Manwiler	Daniel	M	35-39 M	0:23:38	0:01:30	1:35:27	0:01:02	0:55:42		
27	3	20	2:57:54	274	964	Kennedy	Rohan	M	35-39 M	0:26:26	0:02:05	1:35:02	0:01:02	0:53:17		
28	3	7	2:58:49	991	13522	Redington Michael	Muller Simon	T	Team Male	0:23:07	0:01:20	1:32:50	0:00:54	1:00:37	Velocity Sports Lab	Cox Allan
29	5	8	2:59:12	1014	13883	van Wyk Angela	Fourie Johan	T	Team Mixed	0:24:02	0:01:39	1:36:17	0:00:51	0:56:21	juniva MSG	Ham Jan
30	3	21	2:59:36	22	26	Purtell	Daryn	M	20-24 M	0:21:32	0:01:31	1:36:28	0:01:09	0:58:55		
31	2	22	3:01:04	79	13345	Neethling	Jeffrey	M	25-29 M	0:24:13	0:01:27	1:33:50	0:00:57	1:00:36		
32	4	9	3:01:09	1066	2533	Guy Jono	Mtintsilana Thembiisi Shaun	T	Team Male	0:24:32	0:01:27	1:35:40	0:00:49	0:58:40	TEAM ISUZU 1	Kraziya Mawethu
33	1	23	3:01:28	460	1390	Burger	Douglas	M	45-49 M	0:24:20	0:01:59	1:31:27	0:01:27	1:02:13		
34	12	24	3:02:06	14 M	30638	Edwards	Brad	M	PRO M	0:19:50	0:01:20	1:37:10	0:01:06	1:02:39		
35	4	25	3:03:41	24	2522	Crous	Deon	M	20-24 M	0:27:47	0:01:35	1:36:17	0:01:21	0:56:39		
36	2	2	3:04:06	6 F	1064	Rabie	Mari	F	PRO F	0:18:49	0:01:14	1:42:26	0:01:02	1:00:34		
37	6	10	3:04:30	1003	754	Eachus Stephen	Webster Jennifer	T	Team Mixed	0:29:26	0:01:40	1:31:53	0:00:47	1:00:43	Turn Down 4 Watts	Watts Justin
38	4	26	3:05:01	216	1354	Visser	Vernon	M	30-34 M	0:23:12	0:02:06	1:37:12	0:01:24	1:01:05		
39	13	27	3:05:02	17 M	3483	Strasser	Mic hael	M	PRO M	0:28:34	0:01:41	1:35:07	0:01:10	0:58:29		
40	3	28	3:06:18	594	3311	Le Roscoef	Ronan	M	25-29 M	0:24:29	0:01:55	1:34:23	0:01:12	1:04:18		
41	3	3	3:06:38	3 F	2514	Wasle	Carina	F	PRO F	0:23:40	0:01:35	1:41:27	0:01:10	0:58:45		
42	1	29	3:07:36	456	2411	allott	bryan	M	40-44 M	0:21:40	0:02:00	1:39:18	0:01:14	1:03:23		
43	2	30	3:08:08	413	13377	Broster	Rob	M	40-44 M	0:24:56	0:02:44	1:35:31	0:02:04	1:02:52		
44	4	4	3:08:22	4 F	1522	Griffioen	Nicolette	F	PRO F	0:26:13	0:01:48	1:40:59	0:01:20	0:58:01		
45	5	5	3:08:43	9 F	1760	Koblmueller	Sandra	F	PRO F	0:25:31	0:01:47	1:42:48	0:01:18	0:57:17		
46	14	31	3:09:24	13 M	3211	Davidson	Michael	M	PRO M	0:21:11	0:02:07	1:52:20	0:01:14	0:52:31		
47	2	32	3:10:16	615	2515	Macgregor	Ross	M	45-49 M	0:26:52	0:02:19	1:35:06	0:01:15	1:04:43		
48	3	33	3:11:03	426	1438	Skowno	Andrew	M	40-44 M	0:20:05	0:01:47	1:39:42	0:01:20	1:08:08		
49	5	34	3:11:15	56	1679	Visser	Chris	M	20-24 M	0:23:03	0:01:39	1:36:03	0:01:00	1:09:29		
50	5	11	3:11:26	1042	1300	Escreet Christian	Simayile Azukile	T	Team Male	0:24:09	0:01:35	1:28:52	0:01:00	1:15:49	SMSPortal songo.info Trifectas	Alexander Grant
51	4	35	3:11:29	256	3036	Van Rensburg	Hannes	M	35-39 M	0:24:19	0:02:14	1:38:32	0:01:35	1:04:48		
52	6	12	3:11:38	1005	13513	Stermin Paolo	Stermin Riccardo	T	Team Male	0:21:39	0:01:53	1:38:40	0:00:57	1:08:28	24.com	Spies Isaac
53	6	6	3:12:25	12 F	30658	Buss	Ladina	F	PRO F	0:24:35	0:01:40	-	-	2:46:10		
54	5	36	3:12:50	193	30747	Maritz	Jacques	M	30-34 M	0:26:59	0:03:07	1:37:39	0:01:31	1:03:32		
55	6	37	3:13:17	50	2321	Adler	Aaron	M	20-24 M	0:27:49	0:01:57	1:34:43	0:00:55	1:07:52		
56	7	13	3:13:31	998	2907	Schreiber Jacques	Van Rensburg Nasha	T	Team Mixed	0:21:15	0:01:37	1:52:08	0:01:00	0:57:30	The young and old	Besterm Henk
57	4	38	3:13:46	119	1933	Janos	Dylan	M	25-29 M	0:20:31	0:01:39	1:42:14	0:01:08	1:08:13		
58	6	39	3:14:39	189	2772	Carstens	Dawie	M	30-34 M	0:26:29	0:01:53	1:31:52	0:01:59	1:12:25		
59	7	40	3:15:32	28	2548	Pellew	Travers	M	20-24 M	0:26:18	0:02:23	1:38:07	0:01:08	1:07:35		
60	8	14	3:15:48	954	2997	Krugerm Gergard	Appleby Hanel	T	Team Mixed	0:27:59	0:01:52	1:38:34	0:01:00	1:06:21	Team Decking Solutions	Bihl Kate
61	5	41	3:16:38	112	30824	Del Fante	Davide	M	25-29 M	0:26:22	0:02:35	1:48:15	0:01:20	0:58:05		
62	9	15	3:16:49	914	13670	ByronMichael	Seggie Jane	T	Team Mixed	0:29:03	0:01:56	1:41:37	0:01:19	1:02:53	Team name?	Mills Caren
63	10	16	3:17:01	987	12140	Pretorius Tiaan	de Jager Manus	T	Team Mixed	0:26:59	0:01:35	1:46:58	0:01:09	1:00:19	Team Enduro Hub	Lourens Marleen
64	7	17	3:18:02	937	13565	Groenevelt Jason	van Nierop Simon	T	Team Male	0:24:21	0:01:41	1:43:29	0:01:10	1:07:20	SLJ	Moffat Lee
65	11	18	3:18:19	1077	2668	Manweiler Kathrin	Julius Riaan	T	Team Mixed	0:26:42	0:01:35	1:45:39	0:01:20	1:03:02	Team name?	Doko Andile
66	5	42	3:18:27	311	2539	malan	francois	M	35-39 M	0:42:59	0:03:23	1:10:51	0:01:38	1:19:34		
67	4	43	3:18:36	421	499	Liddle	Ian	M	40-44 M	0:27:19	0:02:53	1:41:20	0:01:35	1:05:28		
68	1	44	3:19:15	547	650	Smuts	Frank	M	55-59 M	0:27:48	0:02:21	1:41:14	0:01:46	1:06:04		
69	7	7	3:19:26	2 F	280	Sloan	Susan	F	PRO F	0:26:20	0:01:42	1:46:07	0:01:22	1:03:54		

P Dist	P Cat	P Sex	FinishTime	Race#	Chip Nr	Surname	Name	Sex	Category	Swim	T1	Bike	T2	Run	Team name	Team member 3
70	8	19	3:19:29	947	13617	Smith Craig	Coleman Ian	T	Team Male	0:24:25	0:02:22	1:39:37	0:01:01	1:12:02	Big Bay Tigers	Van Westenbrugge Adrian
71	8	8	3:19:30	8 F	1649	Fox	Louise	F	PRO F	0:25:31	0:02:05	1:46:03	0:01:34	1:04:16		
72	9	20	3:19:44	1079	30748	Gething Mark	Van der Watt Christiaan	T	Team Male	0:22:27	0:01:55	1:45:39	0:01:02	1:08:39	Team name?	Edwards Greame
73	45	573	3:20:14	573	3927	Rust	Lara	M	No Cat	0:29:24	0:02:06	1:36:58	0:01:20	1:10:25		
74	12	21	3:20:27	917	13212	Coleske Janine	Thompson Rian	T	Team Mixed	0:31:01	0:02:11	1:40:01	0:01:03	1:06:10	Geco Team	Coleske Fred
75	7	46	3:20:54	197	1795	Cairns	Rowan	M	30-34 M	0:28:03	0:02:36	1:44:54	0:01:43	1:03:37		
76	1	9	3:21:08	588	220	Moolman	Adrienne	F	35-39 F	0:24:25	0:02:18	1:43:40	0:01:18	1:09:26		
77	5	47	3:21:09	434	1698	Kavanagh	Mark	M	40-44 M	0:28:42	0:02:11	-	1:47:15	1:02:59		
78	10	22	3:21:35	915	13404	claassen marius	Maria JP	T	Team Male	0:28:00	0:02:10	1:53:59	0:01:10	0:56:15	Team Rola	Smuts Cornel
79	9	10	3:21:47	5 F	30372	Van Heerden	Natia	F	PRO F	0:25:33	0:02:26	1:50:09	0:01:06	1:02:32		
80	11	23	3:22:01	1068	882	Thomson Craig	Matini Masixole	T	Team Male	0:26:04	0:01:29	1:46:21	0:01:24	1:06:42	Team ISUZU 3	Ngubani Ndiphe
81	8	48	3:22:54	161	236	ROOS	MARSEL	M	30-34 M	0:24:20	0:02:08	1:46:19	0:01:46	1:08:20		
82	12	24	3:22:55	951	147	Keehn Graeme	Erasmus Werner	T	Team Male	0:32:00	0:01:50	-	-	2:49:05	Attix5	Abbott Tony
83	6	49	3:22:56	363	13628	Hutcheon	Kevin	M	40-44 M	0:26:13	0:02:10	1:45:28	0:01:33	1:07:31		
84	13	25	3:22:58	961	2266	Le Grabge Andre	Beukes Johan	T	Team Mixed	0:29:17	0:01:37	1:46:32	0:01:10	1:04:20	Noble Savages	Jordaan Rose
85	3	50	3:23:20	458	3266	de Villiers	Richard	M	45-49 M	0:21:41	0:02:08	1:52:02	0:01:28	1:05:59		
86	6	51	3:23:41	313	3201	Goldberg	Louis	M	35-39 M	0:27:26	0:03:01	1:44:12	0:01:33	1:07:28		
87	7	52	3:23:43	323	30973	Oosthuizen	Ignus	M	35-39 M	0:36:37	0:02:31	1:36:47	0:02:14	1:05:33		
88	1	11	3:23:56	415	13631	Booyens	Hanlie	F	40-44 F	0:27:44	0:02:25	1:46:10	0:01:25	1:06:11		
89	13	26	3:23:59	962	1700	Diezle Walter	Kotze Johan	T	Team Male	0:25:39	0:02:03	1:45:27	0:01:03	1:09:46	cause we can	Steenkamp Niel
90	4	53	3:24:02	564	1685	Wolstenholme	Henry	M	45-49 M	0:31:31	0:02:42	1:49:37	0:01:27	0:58:43		
91	10	12	3:24:26	7 F	1877	Parker	Daz	F	PRO F	0:26:21	0:01:42	1:47:46	0:01:12	1:07:24		
92	14	27	3:24:29	907	13490	Bormanman Rian	Pavlou Rex	T	Team Male	0:32:47	0:02:42	1:41:32	0:01:17	1:06:10	CAPE ZIMBOS	Bormanman Ben
93	8	54	3:24:38	263	2462	Rahmann	Christoph	M	35-39 M	0:25:10	0:02:15	1:47:36	0:01:12	1:08:24		
94	6	55	3:24:48	90	3401	Toovey	Tim	M	25-29 M	0:24:22	0:02:10	1:42:01	0:01:30	1:14:44		
95	9	56	3:25:07	166	2742	Dalton	John	M	30-34 M	0:25:01	0:03:48	1:40:29	0:02:06	1:13:42		
96	15	28	3:25:07	1076	30873	Zuideman Rudolf	Bradley Gavin	T	Team Male	0:30:26	0:02:00	1:46:54	0:01:01	1:04:45	Team name?	Dunbar Shaun
97	14	29	3:25:13	969	3106	Manners-Wood Rob	Williams Shanae	T	Team Mixed	0:27:32	0:01:35	1:50:02	0:01:04	1:04:58	Barracudas	Manners-Wood Emma
98	10	57	3:25:14	199	1555	Diener	Jacobus	M	30-34 M	0:30:12	0:03:14	1:43:03	0:02:12	1:06:32		
99	9	58	3:25:27	201	3421	Van Wyk	Karel	M	35-39 M	0:25:08	0:02:45	1:44:21	0:02:08	1:11:03		
100	16	30	3:25:40	1044	521	Clifton Tim	Mbombo Baphelele	T	Team Male	0:31:27	0:01:35	1:36:59	0:00:59	1:14:39	SMSPortal songo.info Sloths	Beckerling Duncan
101	7	59	3:25:58	569	1033	Haigh-Smith	alistair	M	40-44 M	0:27:24	0:02:20	-	-	2:56:14		
102	10	60	3:26:16	312	13380	Oosthuizen	Rudi	M	35-39 M	0:24:44	0:02:38	1:49:00	0:01:16	1:08:37		
103	8	61	3:26:52	60	1004	Botha	Marne	M	20-24 M	0:28:26	0:02:45	1:48:19	0:01:22	1:05:59		
104	2	62	3:27:10	553	805	Renaud	Adrian	M	55-59 M	0:26:44	0:03:05	1:50:40	0:01:57	1:04:42		
105	1	31	3:27:28	925	11311	Eaglestone Cecile	van Reenen Hanel	T	Team Female	0:27:02	0:01:43	1:47:44	0:01:02	1:09:56	Biking in the Bosch	Mattheus Arien
106	2	32	3:28:04	1025	3689	Wolmarans Lezandre	Wienand Kirsty	T	Team Female	0:21:30	0:01:45	1:57:20	0:00:56	1:06:32	Deesouth ladies	Williams Viv
107	5	63	3:28:24	484	30871	Loos	Ian	M	45-49 M	0:27:20	0:02:17	1:44:53	0:02:03	1:11:50		
108	15	33	3:28:45	1067	3536	Bingle Jacob	Msophi Unathi	T	Team Mixed	0:23:01	0:01:30	1:58:47	0:01:13	1:04:13	TEAM ISUZU 2	Siyo Sipro
109	11	64	3:29:05	183	30507	Hoon	Marius	M	30-34 M	0:26:54	0:02:19	1:55:19	0:01:57	1:02:34		
110	7	65	3:29:25	137	30091	Russell	David	M	25-29 M	0:28:18	0:02:56	1:51:11	0:02:04	1:04:55		
111	9	66	3:29:28	62	3724	faure	christian	M	20-24 M	0:22:49	0:02:01	1:51:01	0:01:25	1:12:11		
112	16	34	3:29:40	989	30270	Rabie Lood	Lombard Rosanne	T	Team Mixed	0:24:50	0:01:44	-	1:43:58	1:19:06	The young and young at heart	Botha Dewlad
113	8	67	3:29:42	115	1022	Larsen	Nicolas	M	25-29 M	0:23:06	0:02:21	-	-	3:04:15		
114	9	68	3:29:42	107	1292	Olivier	Paul	M	25-29 M	0:28:51	0:02:25	1:49:15	0:01:42	1:07:27		
115	8	69	3:29:43	429	1373	Du Plessis	Pieter	M	40-44 M	0:32:00	0:03:24	1:42:41	0:01:04	1:10:32		
116	17	35	3:30:08	976	1291	Nel Izak	Du Plessis Stefan	T	Team Male	0:33:25	-	1:50:52	0:00:57	1:04:53	Team KIN Culture	Filmalter Brandon
117	11	70	3:30:13	272	3278	Blake	Matthew	M	35-39 M	0:28:12	0:03:00	1:44:56	0:01:23	1:12:41		
118	17	36	3:30:23	1018	13235	Wells Marc	Silberbauer Cally	T	Team Mixed	0:26:46	0:01:53	1:43:52	0:01:17	1:16:34	Really Savage	Silberbauer Bianca
119	12	71	3:30:28	196	1860	Lens	Jean	M	30-34 M	0:29:33	0:02:14	1:52:53	0:01:27	1:04:20		
120	18	37	3:30:30	1072	30118	Hibbert Debbie	Mangele Odwa	T	Team Mixed	0:31:22	0:01:44	2:01:53	-	0:55:29	Team ISUZU 7	Tshikila Sandi
121	12	72	3:30:33	333	13688	Moolman	Anton	M	35-39 M	0:25:45	0:03:27	1:44:49	0:01:36	1:14:55		
122	19	38	3:30:39	904	13972	Bastard Collette	Giles Clive	T	Team Mixed	0:23:06	0:01:59	1:54:29	0:01:41	1:09:23	Fast & Furious	Giles Trevor
123	13	73	3:30:54	273	13249	Janse van Rensburg	Naas	M	35-39 M	0:25:53	0:02:23	2:01:54	0:02:04	0:58:39		
124	18	39	3:31:10	1059	3275	Treptow Bernie	Futela Sipro	T	Team Male	0:28:40	0:01:53	2:04:27	-	0:56:09	SMSPortal songo.info Futela	Smit Andrew
125	10	74	3:31:33	83	1793	Kriel	Wiaan	M	25-29 M	0:29:31	0:02:59	1:51:49	0:01:22	1:05:50		
126	20	40	3:31:41	927	9022	Elliot Richard	Reilly Samantha	T	Team Mixed	0:26:08	0:01:55	1:43:51	0:01:03	1:18:43	Young Money	Cruickshank Chad
127	21	41	3:32:00	973	13696	Moodiem Nicola Jane	Reaper Andrew	T	Team Mixed	0:30:54	0:01:35	-	1:39:51	1:19:39	Savage	Moodie Bronwen
128	22	42	3:32:06	940	11310	Hampshire Carol	Owen Vincent	T	Team Mixed	0:29:35	0:02:11	-	1:50:28	1:09:51	Knysna Dragons	Vreken Nico
129	13	75	3:32:09	167	30271	Wolmarans	Ian	M	30-34 M	0:24:51	0:02:41	1:45:08	0:01:44	1:17:44		
130	14	76	3:32:13	287	13453	Gutsche	Duncan	M	35-39 M	0:22:19	0:03:44	1:54:26	0:02:13	1:09:30		
131	2	13	3:32:21	389	2180	Rabie	Tanya	F	40-44 F	0:29:19	0:02:42	1:46:38	0:01:26	1:12:15		
132	19	43	3:32:37	1071	2271	Blaine Bruce	Bhusakwe Bongani	T	Team Male	0:31:51	0:01:32	1:50:35	0:01:00	1:07:38	Team ISUZU 6	Royi Malwande
133	6	77	3:32:53	473	30606	CHRISTOPHE	CASTAGNETTI	M	45-49 M	0:26:19	0:02:55	1:51:27	0:02:11	1:10:00		
134	23	44	3:33:03	942	30272	Higgo Megan	Coetzee Inus	T	Team Mixed	0:28:42	0:01:38	1:54:00	0:01:04	1:07:37	XTerrors	Leuvennik Inus
135	20	45	3:33:10	902	13397	Auret Francois	Marx Pieter	T	Team Male	0:27:55	0:01:39	1:52:54	0:01:08	1:09:33	3-times nice	Steenkamp Dewet
136	1	14	3:33:18	194	2082	Galindo	Amandine	F	30-34 F	0:24:40	0:01:48	1:57:50	0:01:29	1:07:29		
137	10	78	3:33:35	57	1018	Engelbrecht	Denis	M	20-24 M	0:25:10	0:02:37	1:49:07	0:01:56	1:14:43		
138	24	46	3:33:53	1000	13647	Serdyn FC	Bekker Cecil	T	Team Mixed	0:27:35	0:01:42	1:55:02	0:01:03	1:08:28	99ers	Ordman Tyla
139	3	79	3:33:57	552	3083	Dewar	Kevin	M	55-59 M	0:28:48	0:02:41	1:48:59	0:01:31	1:11:57		
140	11	15	3:34:03	11 F	759	Van Tromp	Sylvia	F	PRO F	0:21:07	0:01:48	1:53:19	0:01:04	1:16:44		
141	21	47	3:34:11	1052	2994	Budden Ryan	Xetu Sandiso	T	Team Male	0:28:10	0:01:54	1:38:20	0:01:21	1:24:25	SMSPortal songo.info Slow Motion Ballies	Bryant Steve
142	25	48	3:34:23	1045	3451	Johnson Meggie	Kepelele Sivuyile	T	Team Mixed	0:27:31	0:01:42	1:44:40	0:01:24	1:19:05	SMSPortal songo.info Grumblers	Luzster Daniel
143	11	80	3:34:35	38	1568	Pieters	Willem	M	20-24 M	0:30:19	0:02:17	1:51:51	0:01:31	1:08:36		

P Dist	P_Cat	P_Sex	FinishTime	Race#	Chip Nr	Surname	Name	Sex	Category	Swim	T1	Bike	T2	Run	Team name	Team member 3
144	2	16	3:34:59	300	13512	Terblanche	Rita	F	35-39 F	0:24:04	0:02:32	1:53:54	0:01:18	1:13:09		
145	9	81	3:35:02	446	722	Deane	Tim	M	40-44 M	0:26:38	0:02:45	-	-	3:05:39		
146	26	49	3:35:06	1070	3193	Whelpton Werner	Ntuthu Thando	T	Team Mixed	0:27:23	-	1:56:33	0:01:16	1:09:52	Team ISUZU 5	Magxanya Mntunaye
147	1	17	3:35:14	144	30857	BURGER	AMY	F	25-29 F	0:27:31	0:02:01	1:51:38	0:01:09	1:12:53		
148	22	50	3:35:33	975	2159	Myburgh David	Louw Lodewikus Johannes	T	Team Male	0:31:55	0:01:35	1:51:05	0:01:01	1:09:56	SwaarKry	Louw Tobia Johannes
149	10	82	3:36:13	449	30762	moore	julian	M	40-44 M	0:29:10	0:04:48	1:55:54	0:02:59	1:03:20		
150	23	51	3:36:43	939	13629	Hall Steven	Lehman Carl-Peter	T	Team Male	0:29:42	0:01:59	1:54:08	0:01:12	1:09:40	Private Wealth Management	Ferreira Phillip
151	2	18	3:36:48	75	1006	Williams	Robyn	F	25-29 F	0:21:10	0:02:00	-	1:58:08	1:15:29		
152	27	52	3:36:57	993	13184	Richardson Claudia	Dysel Jay Jay	T	Team Mixed	0:27:27	0:01:35	1:45:27	0:01:07	1:12:20	Jeep Team	Dólveira Dominique
153	14	83	3:37:05	231	840	Cardoso	Sergio	M	30-34 M	0:26:50	0:02:27	1:53:02	0:01:46	1:12:58		
154	15	84	3:37:13	186	1023	Essmann	Heinz	M	30-34 M	0:27:56	0:03:45	1:45:18	0:01:50	1:18:22		
155	7	85	3:37:26	480	30927	De Wet	Llewellyn	M	45-49 M	0:27:57	0:03:47	1:50:45	0:01:46	1:13:09		
156	11	86	3:37:30	361	13310	rust	alec	M	40-44 M	0:29:46	0:02:38	1:44:17	0:01:50	1:18:57		
157	28	53	3:37:42	920	13957	de Milander Jandre	De Milander Almari	T	Team Mixed	0:30:49	0:01:35	1:48:07	0:01:13	1:15:56	JEA	Fivaz Edricj
158	12	87	3:37:52	351	992	Van Der Werf	Herman	M	40-44 M	0:26:55	0:04:33	1:49:20	0:03:21	1:13:42		
159	19	56	3:38:31	567	30239	Harcus	Nicola	F	No Cat	0:24:54	0:02:15	1:47:00	0:02:00	1:22:21		
160	24	54	3:38:34	1058	30766	Poolo Martin	Tutu Siyabulela	T	Team Male	0:24:56	0:01:47	1:51:58	0:01:10	1:18:41	SMSPortal songo.info Kwela	Howe-Watson Craig
161	11	88	3:38:53	152	58	Kotzé	Nel	M	25-29 M	0:31:57	0:02:42	-	1:54:07	1:10:06		
162	16	89	3:39:13	218	2759	Hunt	Nathan	M	30-34 M	0:41:18	0:04:01	1:52:21	-	1:01:32		
163	1	90	3:39:36	534	2207	du Toit	Mike	M	50-54 M	0:30:17	0:02:31	1:50:05	0:01:34	1:15:08		
164	15	91	3:39:42	299	13389	Rowles	Andrew	M	35-39 M	0:23:49	0:02:23	2:03:38	0:01:37	1:08:14		
165	3	20	3:39:54	304	30218	Russell	Sandy	F	35-39 F	0:24:55	0:03:18	2:03:05	0:01:33	1:07:02		
166	8	92	3:40:15	461	30916	Hollick	Peter	M	45-49 M	0:28:16	0:03:26	1:58:28	0:01:57	1:08:06		
167	1	21	3:40:36	23	3696	Beyers	Carla	F	20-24 F	0:29:15	0:02:20	1:54:14	0:01:25	1:13:20		
168	25	55	3:40:57	945	13385	Howard Desmond	Haasbroek Andre Michael	T	Team Male	0:25:44	0:02:02	2:02:03	0:01:25	1:09:42	Team Howard	Haasbroek Bradley Michale
169	12	93	3:41:18	128	2226	Theron	Jacques	M	25-29 M	0:27:30	0:03:08	1:49:52	0:01:38	1:19:09		
170	13	94	3:41:39	386	13801	stander	jan	M	40-44 M	0:26:43	0:03:40	1:48:58	0:01:41	1:20:36		
171	3	22	3:42:01	154	2018	Brown	Sarah	F	25-29 F	0:24:13	0:02:59	2:03:30	0:01:39	1:09:38		
172	4	23	3:42:05	88	30095	Leicester	Johandri	F	25-29 F	0:24:01	0:02:13	1:58:15	0:01:34	1:16:00		
173	26	56	3:42:10	963	2550	Le Roux Chris	Jordaan Louis	T	Team Male	0:30:30	0:01:48	-	1:42:17	1:27:33	Big Test Icicles	Barnard Daniel
174	12	95	3:42:33	49	30363	Lombard	Wicus	M	20-24 M	0:24:53	0:01:42	1:56:07	0:01:28	1:18:22		
175	14	96	3:42:35	433	2323	Nortje	Marc	M	40-44 M	0:23:32	0:04:35	1:48:52	0:02:36	1:22:59		
176	9	97	3:42:36	483	30511	dower	robert	M	45-49 M	0:32:13	0:03:27	1:52:41	0:02:17	1:11:57		
177	16	98	3:42:38	286	13318	Winter	David	M	35-39 M	0:26:15	0:04:10	1:45:42	0:02:33	1:23:57		
178	29	57	3:42:42	941	13305	Hampton Timothy	Rundie Adam	T	Team Mixed	0:31:36	0:02:06	2:05:02	-	1:03:56	C&A Friedlander 2	Bell Leon
179	17	99	3:42:42	242	30115	VILJOEN	STEFAN	M	30-34 M	0:28:11	0:03:03	1:53:16	0:01:55	1:16:15		
180	30	58	3:42:59	900	12059	Andrianatos Nick	Faurie Nicola	T	Team Mixed	0:33:21	0:01:24	1:51:04	0:01:12	1:15:57	C&A Friedlander 1	Fourie Jacques
181	13	100	3:43:17	43	30544	Lucas	Brent	M	20-24 M	0:32:16	0:04:11	1:52:32	0:01:41	1:12:35		
182	2	24	3:43:29	226	1881	malan	nadia	F	30-34 F	0:23:59	0:02:50	1:58:52	0:02:02	1:15:45		
183	27	59	3:43:45	977	3837	Nel Nico	Brink Jaco	T	Team Male	0:23:52	0:01:56	1:54:17	0:01:22	1:22:17	Novices	Louw Japie
184	10	101	3:44:02	464	850	ingpen	paul	M	45-49 M	0:27:07	0:02:21	1:56:05	0:02:05	1:16:23		
185	18	102	3:44:09	211	3300	Lamont	Paul	M	30-34 M	0:24:38	0:04:05	-	1:57:59	1:17:26		
186	13	103	3:44:52	72	12233	Abernethy	Charles	M	25-29 M	0:24:47	0:02:40	2:04:04	0:01:50	1:11:29		
187	14	104	3:45:10	33	1970	O'kenedy	Andre	M	20-24 M	0:29:56	0:03:03	1:52:00	0:01:44	1:18:26		
188	15	105	3:45:11	366	13138	Bruwer	Deon	M	40-44 M	0:30:48	0:03:49	1:57:29	0:02:07	1:10:57		
189	14	106	3:45:12	129	2395	VAN DER WALT	DRIKUS	M	25-29 M	0:26:21	0:03:22	1:53:03	0:01:59	1:20:26		
190	11	107	3:45:14	499	48	Holtzhausen	Gustav	M	45-49 M	0:30:19	-	-	-	3:14:55		
191	4	25	3:45:17	276	11294	Almirall	Tracey	F	35-39 F	0:26:58	0:02:19	2:02:54	0:01:20	1:11:45		
192	31	60	3:45:26	1069	268	Buitendag Beaula	Bhusakwe Abongile	T	Team Mixed	0:27:25	0:01:22	1:50:58	0:01:04	1:24:36	Team ISUZU 4	Sishuba Sive
193	17	108	3:45:29	261	66	Spencer	Tim	M	35-39 M	0:28:26	0:02:53	-	2:02:46	1:11:22		
194	12	109	3:45:40	504	445	Longo	Paolo	M	45-49 M	0:31:06	0:02:26	1:52:02	0:01:45	1:18:20		
195	16	110	3:45:51	368	13313	Westra	Bernhard	M	40-44 M	0:26:55	0:03:22	1:58:02	0:02:03	1:15:27		
196	2	111	3:46:09	619	30453	Keet	Paul	M	50-54 M	0:31:54	0:03:49	1:49:50	0:01:48	1:18:46		
197	28	61	3:46:21	1060	783	Laubscher Chris	Naku Zikhona	T	Team Male	0:27:35	0:01:45	2:12:30	-	1:04:30	SMSPORTAL songs.info Nakuna Matata	Nortier Ben
198	29	62	3:46:33	1007	13889	Strydom Le Roux	Wium Francois	T	Team Male	0:28:17	0:01:51	2:06:09	-	1:10:15	Weskus Blomme Rangskickers	Koch Andrew
199	18	112	3:46:58	268	3575	Bird	Andrew	M	35-39 M	0:32:10	0:03:46	2:02:21	-	1:08:40		
200	32	63	3:47:23	946	13388	Immelman Andre	Amit Suzanne	T	Team Mixed	0:29:57	0:02:07	1:52:24	0:01:15	1:21:38	Robertson Son Soekers	Immelman Sanri
201	3	64	3:47:35	967	30120	Lutz Marietjie	den Dulk Talia	T	Team Female	0:26:12	0:01:44	2:15:45	-	1:03:53	Moms on a Mission	Marais Suzanne
202	3	26	3:47:48	239	30504	Munnik	Kate	F	30-34 F	0:28:50	0:03:49	-	1:59:46	1:15:22		
203	13	113	3:47:52	462	3073	Steyn	Bennie	M	45-49 M	0:31:24	0:03:43	1:54:05	0:02:49	1:15:50		
204	17	114	3:47:57	444	30712	de Waal	Nico	M	40-44 M	0:27:32	0:04:17	-	1:56:53	1:19:13		
205	30	65	3:48:11	1055	968	Fowler Robert	Mabaso Siyabulela	T	Team Male	0:28:23	0:01:32	1:38:30	0:01:18	1:38:27	SMSPortal songo.info Mabaso Lightning	
206	19	115	3:48:15	165	30125	Pienaar	Hannes	M	30-34 M	0:33:36	0:03:23	1:55:23	0:03:01	1:12:51		
207	15	116	3:48:23	104	2630	Stander	Frans	M	25-29 M	0:31:36	0:01:37	1:50:46	0:01:55	1:22:27		
208	20	117	3:48:41	229	30562	Van der Merwe	Quinten	M	30-34 M	0:35:46	0:04:03	1:58:22	-	1:10:29		
209	15	118	3:48:59	37	3886	Kistner	Stephan	M	20-24 M	0:33:34	0:04:45	1:53:53	0:02:44	1:14:02		
210	33	66	3:49:00	910	13467	Breytenbach Judith	Holdcroft Simon	T	Team Mixed	0:31:59	0:01:42	2:04:29	-	1:10:49	Zest Fruit no1	Elliot Phillip
211	4	27	3:49:35	192	3855	Rabie	Helene	F	30-34 F	0:28:06	0:04:25	2:03:38	-	1:13:24		
212	5	28	3:49:40	397	30910	De Villiers	Caroline	F	35-39 F	0:31:14	0:03:06	-	2:01:17	1:14:02		
213	21	119	3:49:45	217	2311	McKechnie	Guy	M	30-34 M	0:27:58	0:03:12	1:53:24	0:02:37	1:22:33		
214	18	120	3:49:47	424	2734	Cooper	Charl	M	40-44 M	0:32:58	0:03:08	1:54:52	0:01:56	1:16:51		
215	22	121	3:49:55	240	1283	Klynveld	James	M	30-34 M	0:32:36	0:03:37	1:55:35	0:02:16	1:15:50		
216	5	29	3:50:03	179	3153	Pritchard	Berlize	F	30-34 F	0:28:00	0:01:56	-	2:03:31	1:16:34		
217	14	122	3:50:24	494	859	Egberink	Kevin	M	45-49 M	0:28:35	0:02:51	1:59:31	0:02:14	1:17:12		

P Dist	P_Cat	P_Sex	FinishTime	Race#	Chip Nr	Surname	Name	Sex	Category	Swim	T1	Bike	T2	Run	Team name	Team member 3
218	34	67	3:50:25	913	13247	Peens Ingrid	Templeton Paul	T	Team Mixed	0:21:24	0:02:02	2:08:05	0:01:27	1:17:26	Team name?	Trautmann Graeme
219	4	68	3:50:46	918	11181	De beer Kim	Holtzhausen Heila	T	Team Female	0:29:14	0:02:09	-	2:01:09	1:18:12	Thirty Something's	Schuermans Caroline
220	3	123	3:51:09	521	1090	Bochnig	Ralf	M	50-54 M	0:29:46	0:04:19	1:51:31	0:02:06	1:23:25		
221	1	30	3:51:33	524	1579	Hirst	Penni	F	50-54 F	0:32:48	0:02:15	-	2:00:38	1:15:51		
222	35	69	3:52:21	905	13407	Berman Jonathan	Berman Jonathan	T	Team Mixed	0:26:24	0:03:55	1:54:09	0:01:19	1:26:33	Bicyclegear.co.za	Claesm Evelyne
223	31	70	3:52:45	978	13323	Newcombe-Bond Guy	Ransome Trevor	T	Team Male	0:33:04	0:02:18	2:16:44	0:01:36	0:59:02	FunDayOut	Stevens Phil
224	36	71	3:53:09	921	12890	de Villiers Coriaan	Rudolph Roger	T	Team Mixed	0:28:11	0:02:02	2:13:49	-	1:09:06	Bullets	Bartman Michelle
225	15	124	3:53:33	468	30738	du toit	dennis	M	45-49 M	0:37:42	0:03:35	1:50:36	0:01:47	1:19:52		
226	19	125	3:53:57	580	13595	Daniells	Ryall	M	35-39 M	0:30:32	0:03:39	1:55:03	0:03:10	1:21:32		
227	16	126	3:54:01	135	2426	BEYERS	HENRICO	M	25-29 M	0:30:22	0:02:34	1:59:01	0:02:22	1:19:41		
228	32	72	3:54:03	930	13761	Foulon Lucas	Hunter Stuart	T	Team Male	0:39:06	0:01:40	1:50:39	0:01:11	1:21:26	Sanctimonia	Middleton Rihard
229	23	127	3:54:12	187	30327	Bouwer	Jacques	M	30-34 M	0:29:48	0:04:30	2:03:18	-	1:16:35		
230	20	128	3:54:23	330	13267	louw	francois	M	35-39 M	0:36:57	0:04:23	1:51:41	0:02:16	1:19:05		
231	1	31	3:54:24	505	3101	van der merwe	suzanne	F	45-49 F	0:31:43	0:03:12	2:00:58	-	1:18:30		
232	19	129	3:54:32	365	13640	McGaffin	Robert	M	40-44 M	0:30:05	0:05:34	2:03:51	-	1:15:00		
233	24	130	3:54:40	238	30433	Salvage	Scott	M	30-34 M	0:30:01	0:04:03	2:02:10	-	1:18:25		
234	17	131	3:55:53	105	30608	Erasmus	Petrus	M	25-29 M	0:34:49	0:03:45	1:51:17	0:01:48	1:24:12		
235	18	132	3:55:59	117	145	pieters	dirk	M	25-29 M	0:29:00	0:03:43	-	2:02:16	1:20:58		
236	21	133	3:56:17	259	312	Herherrington	Andrew	M	35-39 M	0:25:08	0:02:56	2:00:22	0:02:03	1:25:46		
237	22	134	3:56:27	338	11750	Hossack	Galen	M	35-39 M	0:25:53	0:03:27	2:02:23	0:02:06	1:22:36		
238	23	135	3:56:32	297	30967	Jensen	Ben	M	35-39 M	0:35:22	0:03:11	-	1:55:03	1:22:55		
239	2	32	3:56:38	490	1623	Blatch	Louise	F	45-49 F	0:28:12	0:02:30	2:00:56	0:02:17	1:22:41		
240	19	136	3:56:53	86	33	Badenhorst	Petrus	M	25-29 M	0:24:18	0:03:47	2:12:26	-	1:16:21		
241	37	73	3:56:57	928	11001	Erasmus Daniel	Classen Comine	T	Team Mixed	-	0:24:29	-	-	3:32:28	Podium Chasers	de Milander Marina
242	2	33	3:57:01	523	2688	Beattie	Monique	F	50-54 F	0:27:04	0:03:13	2:00:24	0:02:02	1:24:17		
243	20	137	3:57:11	447	3150	van der Westhuizen	Gysbert	M	40-44 M	0:28:41	0:02:28	2:02:16	0:01:32	1:22:13		
244	38	74	3:57:33	1009	13661	Truter Adri	Dunbar Tracey	T	Team Mixed	-	-	-	-	3:57:33	2girls and a guy	Bezuidenhoud Carel
245	21	138	3:57:55	418	13532	Duncan	Paul	M	40-44 M	0:28:20	0:04:03	-	-	3:25:31		
246	33	75	3:58:10	1020	13398	Whitehead Henry	Botha Louis	T	Team Male	0:34:41	0:02:31	2:04:23	-	1:16:34	Smith & Associate	de Wet Jan
247	39	76	3:58:22	903	12126	Basson Jacques	Wambach Claud	T	Team Mixed	0:40:42	0:01:54	2:06:24	0:01:08	1:08:13	Saartjie en Boetas	Basson Margot
248	40	77	3:58:23	919	13367	de Clerk Ilze	Visagie Alet	T	Team Mixed	0:31:17	0:01:49	2:01:06	0:01:13	1:22:56	Boet & Saartjies	Koekemoer Johan
249	5	34	3:58:28	82	1237	Wiegelaar	Nina	F	25-29 F	0:27:24	0:03:13	2:05:07	-	1:22:43		
250	25	139	3:58:38	177	2249	Niemann	Philip	M	30-34 M	0:24:28	0:03:42	2:02:44	0:02:13	1:25:30		
251	22	140	3:58:48	620	30627	Forsyth	Scott	M	40-44 M	0:27:48	0:02:51	2:01:13	0:02:31	1:24:22		
252	23	141	3:58:58	353	13525	Norton	Chris	M	40-44 M	0:28:43	0:05:15	1:50:22	0:03:41	1:30:56		
253	20	142	3:59:08	145	90	Palm	Francois	M	25-29 M	0:33:28	0:03:41	2:06:16	-	1:15:42		
254	24	143	3:59:15	307	2839	Spath	Mark	M	35-39 M	0:24:36	0:03:26	1:48:12	0:02:53	1:40:06		
255	26	144	3:59:17	209	1254	sparg	jaryd	M	30-34 M	0:27:52	0:04:12	2:01:13	-	1:25:59		
256	24	145	3:59:38	537	682	Green	Albert	M	40-44 M	0:29:28	0:04:46	1:57:08	0:02:53	1:25:20		
257	21	146	3:59:38	98	1160	Longe	Greg	M	25-29 M	0:30:56	0:04:21	2:07:04	-	1:17:15		
258	25	147	3:59:40	364	30963	Sampson	Daryl	M	40-44 M	0:29:59	0:03:50	-	2:02:01	1:23:49		
259	25	148	3:59:43	283	3931	Louw	Jannie	M	35-39 M	0:28:27	0:02:35	-	2:02:38	1:26:01		
260	26	149	3:59:50	326	30533	Rossouw	Sarel	M	35-39 M	0:36:57	0:03:49	2:01:25	-	1:17:37		
261	26	150	3:59:54	367	3898	Haberstock	Philipp	M	40-44 M	0:34:05	0:02:56	2:11:48	0:02:10	1:08:53		
262	27	151	4:00:13	419	12481	Verbeek	Renier	M	40-44 M	-	0:33:35	2:09:49	-	1:16:48		
263	27	152	4:00:33	319	829	Swarts	Justin	M	35-39 M	-	0:32:34	2:06:23	-	1:21:35		
264	3	35	4:00:45	436	3909	Vreken	Marike	F	40-44 F	0:31:13	0:04:51	1:59:14	-	1:25:26		
265	28	153	4:00:48	581	1816	Versfeld	Marco	M	35-39 M	0:28:52	0:03:08	2:11:07	-	1:17:40		
266	16	154	4:01:08	469	30957	Buhrmann	Wim	M	45-49 M	0:35:56	0:03:55	2:03:39	-	1:17:37		
267	27	155	4:01:29	200	79	murray	shane	M	30-34 M	0:32:39	0:03:18	2:08:09	-	1:17:22		
268	28	156	4:01:42	371	13386	Marshall-Smith	Dom	M	40-44 M	0:28:08	0:02:53	2:06:35	-	1:24:04		
269	4	157	4:01:55	518	1831	Seggie	Ian	M	50-54 M	0:31:18	0:04:09	1:56:07	0:02:10	1:28:09		
270	5	78	4:01:58	936	13487	Groenevelt Chivonne	Van Nierop Tammy	T	Team Female	0:31:17	0:01:46	2:05:31	-	1:23:22	TEC	Chesterton Elaine
271	3	36	4:02:04	471	970	Hobson	Lizl	F	45-49 F	0:30:49	0:03:19	2:09:29	-	1:18:26		
272	28	158	4:02:45	246	264	Wild	Kevin	M	30-34 M	0:24:49	0:02:16	2:02:54	0:01:45	1:30:59		
273	16	159	4:02:48	34	30530	Zacharias	Lloyd	M	20-24 M	0:32:42	0:03:45	2:11:35	-	1:14:45		
274	22	160	4:03:00	136	3721	Le Roux	Stefan	M	25-29 M	-	0:29:25	-	-	3:33:35		
275	29	161	4:03:13	572	3502	Mullineux	Christopher	M	40-44 M	0:28:01	0:04:29	2:05:47	-	1:24:54		
276	41	79	4:03:36	933	10879	GRIEBENOW DANNY	Holdt Sylvia	T	Team Mixed	0:37:33	0:01:57	2:14:29	0:01:07	1:08:29	Scrambled Leggs	Smitm Vernon
277	23	162	4:03:58	142	516	Smith	Cuan	M	25-29 M	0:23:58	0:03:22	2:11:41	-	1:24:55		
278	24	163	4:04:33	114	3917	Ferguson	Luke	M	25-29 M	0:23:16	0:02:21	2:02:59	0:02:39	1:33:17		
279	17	164	4:04:40	487	2004	De Graaf	Neal	M	45-49 M	0:34:45	0:05:03	1:57:53	-	1:26:58		
280	42	80	4:05:05	950	30826	Jonker Schalk	Beukman CJ	T	Team Mixed	0:28:25	0:01:51	2:07:21	-	1:27:27	Die Fun Span	Jacka Colleen
281	25	165	4:05:12	120	30670	ford	brad	M	25-29 M	0:34:28	0:02:37	2:02:25	-	1:25:41		
282	17	166	4:05:26	30	3893	Thomas	Gary	M	20-24 M	0:31:19	0:02:19	2:08:21	-	1:23:25		
283	30	167	4:06:32	395	30785	Cockrell	Bryan	M	40-44 M	0:31:18	0:04:50	2:01:09	-	1:29:14		
284	34	81	4:06:38	1028	30499	Goldblatt Gavin	Luyt Brad	T	Team Male	0:31:39	0:01:44	2:12:29	-	1:20:44	HTFU	van Veen Erik
285	26	168	4:06:45	147	422	Cloete	Uys	M	25-29 M	0:35:48	-	-	-	3:30:57		
286	31	169	4:06:51	442	30426	Malan	Julian	M	40-44 M	0:23:58	0:03:36	1:57:56	0:03:03	1:38:17		
287	18	170	4:06:58	513	30552	Cameron	Gary	M	45-49 M	0:27:09	0:05:38	1:58:35	0:04:03	1:31:32		
288	29	171	4:07:01	336	1400	Lombard	Chris	M	35-39 M	0:31:49	0:05:01	2:03:23	-	1:26:47		
289	30	172	4:07:39	295	3169	Van der Merwe	Bouwer	M	35-39 M	0:29:38	0:05:09	2:11:08	-	1:21:43		
290	32	173	4:07:40	423	1108	boshoff	charl	M	40-44 M	0:30:11	0:03:43	2:12:05	-	1:21:39		
291	19	174	4:07:45	478	3624	Bloomer	Rob	M	45-49 M	0:29:16	0:05:50	2:03:15	-	1:29:23		

P Dist	P_Cat	P_Sex	FinishTime	Race#	Chip Nr	Surname	Name	Sex	Category	Swim	T1	Bike	T2	Run	Team name	Team member 3
292	43	82	4:07:46	929	12085	Fick Lizzie	Nortje Nico	T	Team Mixed	0:33:46	0:01:40	2:16:34	0:01:09	1:14:36	Team Olives	Fick Lizzie
293	33	175	4:07:57	392	233	ramsay	james	M	40-44 M	0:28:09	0:04:14	2:05:46	-	1:29:46		
294	31	176	4:07:57	267	377	Weideman	Jaco	M	35-39 M	0:32:35	0:04:12	2:01:22	-	1:29:46		
295	5	177	4:08:04	531	3244	Fick	Coenie	M	50-54 M	0:24:21	0:05:14	2:02:07	0:03:20	1:33:00		
296	29	178	4:08:13	206	134	Kubli	Matthias	M	30-34 M	0:29:27	0:03:08	2:10:33	-	1:25:04		
297	4	37	4:08:36	396	3850	De Souza Macgregor	Michelle	F	40-44 F	0:34:38	0:04:23	2:09:50	0:02:03	1:17:41		
298	1	179	4:08:59	557	1819	Rabie	Lood	M	60-64 M	0:29:54	0:02:49	1:58:36	0:02:16	1:35:23		
299	27	180	4:09:04	134	30025	Jansen van Rensburg	Andre	M	25-29 M	0:30:59	0:04:17	2:04:23	-	1:29:24		
300	32	181	4:09:10	337	12144	Van Niekerk	Christof	M	35-39 M	0:31:04	0:02:49	2:02:05	-	1:33:11		
301	44	83	4:09:25	906	12162	Bezuidenhout Marlene	Nieuwoudt Riaan	T	Team Mixed	0:40:09	0:02:23	2:20:26	0:01:52	1:04:34	Adventurers	De Kock Louis
302	6	38	4:09:40	160	30351	Allan	Famke	F	25-29 F	0:24:14	0:02:42	2:06:52	-	1:35:51		
303	28	182	4:10:04	66	12662	Morse	Craig	M	25-29 M	0:27:26	0:03:07	-	2:04:27	1:35:02		
304	20	183	4:10:24	308	35	Kantor	Philip	M	45-49 M	0:24:25	0:03:42	2:06:50	-	1:35:25		
305	33	184	4:10:25	264	3131	Barrett	Crispin	M	35-39 M	0:24:40	0:03:38	2:12:31	-	1:29:35		
306	30	185	4:10:28	207	439	Jonker	Jean	M	30-34 M	0:29:50	0:04:29	2:10:36	-	1:25:32		
307	1	39	4:10:50	550	2627	Todd	Terry	F	55-59 F	0:31:08	0:02:45	2:04:26	-	1:32:29		
308	31	186	4:11:23	176	3654	Booyesen	Juriaan	M	30-34 M	0:30:30	0:04:14	1:58:52	-	1:37:46		
309	45	84	4:11:28	1061	1058	Reed George	Ngxakeni Zola	T	Team Mixed	0:35:02	0:02:05	1:57:05	0:01:15	1:36:00	SMSPortal songo.info Digiterre	Roux Francois
310	34	187	4:11:45	379	12129	Weyers	Morne	M	40-44 M	0:27:46	0:04:31	2:06:44	-	1:32:43		
311	29	188	4:12:05	89	3955	Belman	Sean	M	25-29 M	0:33:00	0:04:18	2:10:30	0:02:55	1:21:21		
312	46	85	4:12:11	1064	81	Horn Alan	Matyhayha Aphiwe	T	Team Mixed	0:28:08	0:01:46	2:36:08	0:01:34	1:04:34	SMSPortal songo.info Malus domestica	Schultz Christiaan
313	6	86	4:12:18	1023	3019	Wolfaardt Jo-Marie	Swart Sanmari	T	Team Female	0:34:38	0:01:35	2:17:47	0:01:16	1:17:00	3 Peas in a Pot	Haak Xanri
314	35	87	4:12:42	1006	13517	Steynberg Leander	Coetzee Johan	T	Team Male	0:28:52	0:02:05	2:33:58	0:01:20	1:06:25	TEAM PROXA	Kock Xander
315	18	189	4:12:53	40	1393	Diederichs	Wim	M	20-24 M	0:33:20	0:03:37	2:22:52	0:01:30	1:11:32		
316	19	190	4:13:05	59	30138	Wynne	Duncan	M	20-24 M	0:34:04	0:03:40	2:07:05	-	1:28:15		
317	4	40	4:13:16	502	2090	Wencke	Janine	F	45-49 F	0:29:43	0:04:09	2:08:42	-	1:30:41		
318	47	88	4:13:28	1049	1772	Tippet Edward	Menzi Sive	T	Team Mixed	0:30:56	0:01:44	1:43:34	0:01:05	1:56:08	SMSPortal songo.info Team Heat Stroke	Beckerling Celeste
319	35	191	4:14:24	378	3457	van der MERwe	Schalk	M	40-44 M	0:28:16	0:03:58	2:09:14	-	1:32:55		
320	20	192	4:14:51	39	2482	burger	murray	M	20-24 M	0:39:51	0:03:18	2:12:35	0:02:48	1:16:18		
321	7	89	4:14:57	1047	30473	Hayes-Hill Jess	Nyalasa Lelethu	T	Team Female	0:25:14	0:01:44	2:36:47	0:01:32	1:09:39	SMSPortal songo.info Tiger Lillies	Martin Kate
322	32	193	4:15:38	222	30447	Smith	Hayden	M	30-34 M	0:34:56	0:05:02	2:11:20	0:02:12	1:22:06		
323	48	90	4:15:43	1026	30497	Zeelie Megan	Greeff Neloa	T	Team Mixed	0:28:37	0:02:25	2:24:42	0:01:12	1:18:45	Smiles	Schwagele Jarred
324	21	194	4:15:48	485	30631	Goosen	Allen	M	45-49 M	0:34:21	0:05:06	2:07:58	0:02:16	1:26:06		
325	33	195	4:16:12	178	2767	du Toit	Eddie	M	30-34 M	0:32:27	0:04:19	2:06:33	-	1:32:52		
326	8	91	4:16:29	1054	30836	Johnston Clarissa	Hala Nophiwo	T	Team Female	0:25:58	0:02:38	2:32:43	0:01:13	1:13:56	SMSPortal songo.info ClaNoLi	Sullivan Lindsay
327	6	41	4:16:33	190	30283	Ellis	Tracy	F	30-34 F	0:32:11	0:04:27	2:15:13	0:02:12	1:22:29		
328	5	42	4:16:39	427	30243	Stoloff	Giselle	F	40-44 F	0:31:13	0:03:12	2:10:57	-	1:31:15		
329	30	196	4:16:40	94	2183	De Jager	Human	M	25-29 M	0:29:23	0:03:23	2:11:05	-	1:32:48		
330	22	197	4:16:59	510	30856	Truter	Christo	M	45-49 M	0:38:52	0:07:14	2:02:29	0:04:16	1:24:07		
331	36	198	4:17:15	435	30229	Liebenberg	Louw	M	40-44 M	0:29:49	0:04:16	-	2:17:33	1:25:36		
332	49	92	4:17:40	1074	1862	Beukes Floricius	Spies Ansolaine	T	Team Mixed	0:48:57	0:02:20	-	2:08:57	1:17:25	Groot Constantia	Spies Gawie
333	36	93	4:17:53	912	13434	Bromfield Wade	Pomario Richard	T	Team Male	0:33:02	0:01:49	2:25:50	0:01:24	1:15:47	Unqualified Koalas	Cronje Ludi
334	34	199	4:18:58	310	1661	van Niekerk	Hugo	M	35-39 M	0:27:23	0:04:13	2:03:33	-	1:43:47		
335	37	200	4:19:13	410	30601	Dry	Heinrich	M	40-44 M	0:30:20	0:03:27	2:06:42	-	1:38:42		
336	31	201	4:19:27	123	2217	Andrew	Kevin	M	25-29 M	0:27:33	0:03:40	2:10:49	-	1:37:24		
337	35	202	4:19:30	275	12254	Dippenaar	Cobus	M	35-39 M	0:29:22	0:05:46	2:13:50	0:03:48	1:26:43		
338	3	43	4:19:51	543	30906	Hansen	Charisse	F	50-54 F	0:34:22	0:04:51	2:18:02	0:02:05	1:20:30		
339	34	203	4:20:13	188	3486	Kapp	Johan	M	30-34 M	0:33:13	0:03:08	2:08:08	-	1:35:43		
340	32	204	4:20:30	92	522	Nieuwoudt	Gerrit	M	25-29 M	0:37:02	0:04:43	2:10:56	0:03:19	1:24:29		
341		205	4:20:41	571	1130	van dijk	Eric	M	No Cat	0:27:29	0:04:45	2:10:25	-	1:38:00		
342	36	206	4:20:44	260	2230	Edas	Morne	M	35-39 M	0:34:56	0:04:00	2:15:08	0:01:39	1:24:59		
343	33	207	4:20:46	146	1205	Tallie	Rocco	M	25-29 M	0:28:24	0:06:28	2:10:00	0:04:39	1:31:14		
344	50	94	4:20:46	938	1846	Hall Retha	Ludik Japie	T	Team Mixed	0:27:03	0:02:03	2:23:15	0:01:33	1:26:51	Kenridge	Pretorius Anre
345	6	44	4:20:46	357	13918	Sutherland	Nicki	F	40-44 F	0:43:25	0:06:21	2:05:30	0:02:14	1:23:14		
346	7	45	4:21:04	84	2761	Jooste	Su-mari	F	25-29 F	0:27:06	0:03:35	2:32:13	0:01:51	1:16:17		
347	38	208	4:21:08	414	13338	Nardy	Arnold	M	40-44 M	0:34:46	0:06:14	2:12:28	0:03:46	1:23:53		
348	35	209	4:21:13	224	1916	Botha	Lyon	M	30-34 M	0:29:49	0:03:38	2:20:12	0:02:33	1:24:59		
349	34	210	4:21:17	124	2168	Jacobs	Chris	M	25-29 M	0:29:31	0:03:48	2:11:29	-	1:36:27		
350	6	46	4:21:22	334	13180	James	Lauren	F	35-39 F	0:30:52	0:03:35	2:16:35	0:02:45	1:27:34		
351	37	211	4:22:10	298	2873	Nannucci	Geoffrey	M	35-39 M	0:35:21	0:04:32	2:09:06	0:02:43	1:30:27		
352	39	212	4:22:13	565	2832	Smith	Nick	M	40-44 M	0:38:27	0:03:21	2:02:44	-	1:37:40		
353	38	213	4:22:18	574	2260	Ellis	Jan	M	35-39 M	0:38:20	0:04:17	2:05:52	0:02:42	1:31:06		
354	39	214	4:22:23	296	13273	Pikington	Brydon	M	35-39 M	0:35:45	0:05:17	2:13:02	0:04:18	1:24:00		
355	37	95	4:22:39	1027	1414	Zyl Deon	Le Roux Frederick	T	Team Male	0:47:02	0:02:37	2:11:05	0:01:29	1:20:25	Lank en Kort	Le Roux Gys
356	23	215	4:22:55	501	1787	Pentz	Adriaan	M	45-49 M	0:36:35	0:04:28	2:18:48	0:02:14	1:20:48		
357	38	96	4:23:17	971	13974	MATTHEE PHILIP	Coetzee Cisce	T	Team Male	0:42:09	0:02:12	2:18:36	0:01:51	1:18:28	Splash-Crash-Dash	Cornelisen Dirk
358	9	97	4:23:37	1016	30049	Walters Chrizelda	Kommuller Heidi	T	Team Female	0:38:44	0:01:49	2:18:37	0:01:12	1:23:14	Ms Fitts	Brown Erika
359	7	47	4:23:51	278	1926	shannon	Charmaine	F	35-39 F	0:29:57	0:04:15	2:27:24	0:01:47	1:20:26		
360	24	216	4:24:06	488	1028	Ludlam	Stephen	M	45-49 M	0:31:45	0:05:54	-	2:19:27	1:26:58		
361	5	48	4:24:36	476	1143	Hage	Barbara	F	45-49 F	0:29:09	0:04:00	2:16:40	0:02:12	1:32:34		
362	40	217	4:24:45	305	13935	Gilomee	Eckert	M	35-39 M	0:28:06	0:03:12	2:15:20	0:02:11	1:35:55		
363	36	218	4:24:54	215	1074	van Eeden	Johann	M	30-34 M	0:30:20	0:05:13	2:16:46	0:04:09	1:28:25		
364	25	219	4:24:59	508	2730	joubert	francois	M	45-49 M	0:25:58	0:04:56	2:13:08	-	1:40:55		
365	26	220	4:24:59	486	561	Crous	Philip	M	45-49 M	0:32:45	0:04:49	2:16:29	0:03:56	1:26:59		

P Dist	P Cat	P Sex	FinishTime	Race#	Chip Nr	Surname	Name	Sex	Category	Swim	T1	Bike	T2	Run	Team name	Team member 3
366	2	49	4:25:18	53	2119	Steyn	Deleen-Marie	F	20-24 F	0:28:05	0:02:57	2:19:24	0:02:19	1:32:32		
367	37	221	4:25:21	235	3618	Loubser	Theo	M	30-34 M	0:38:18	0:03:37	2:20:49	0:02:38	1:19:58		
368	41	222	4:26:21	329	3582	Pascoe	Dyllan	M	35-39 M	0:34:44	0:03:58	2:13:40	0:02:34	1:31:24		
369	7	50	4:26:39	185	1032	Thompson	Lizelle	F	30-34 F	0:39:09	0:02:42	2:15:53	0:02:32	1:26:22		
370	35	223	4:26:53	130	30541	Lederie	Carson	M	25-29 M	0:28:21	0:03:01	2:18:38	0:03:49	1:33:02		
371	51	98	4:27:15	1056	3448	Clark Rich	Gwabe Namhla	T	Team Mixed	0:28:42	0:01:33	2:38:49	0:01:50	1:16:20	SMSPortal songo.info DASHERS	Cloete Willem
372	6	51	4:27:38	509	1531	Meintjes	Ernesta	F	45-49 F	0:33:09	0:07:27	2:08:16	0:03:26	1:35:19		
373	52	99	4:27:47	909	13466	Boucher Chana	Boucher Greg	T	Team Mixed	0:34:56	0:02:29	2:42:34	0:01:25	1:06:22	Oil	McGill Jono
374	40	224	4:28:04	369	1458	Sweet	Craig	M	40-44 M	0:30:03	0:03:43	2:27:22	0:03:09	1:23:46		
375	39	100	4:28:07	997	30061	Rynhoud Pierre	Runhoud Don	T	Team Male	0:35:34	0:02:13	2:35:09	0:01:41	1:13:29	Green Point Jollers	Bisogno Gigi
376	10	101	4:28:10	972	12891	Mills Ali	Nel Frances	T	Team Female	0:35:44	0:02:31	2:30:46	0:01:35	1:17:33	Adventurous Trio	Strudwick Denise
377	40	102	4:28:29	943	1507	Hofmeyr Jan	Hamman Hendri	T	Team Male	0:37:23	0:01:48	2:27:46	0:01:22	1:20:08	Ham And Jam	Van der Westhuizen Andrew
378	41	225	4:28:32	412	13903	Theart	Andro	M	40-44 M	0:36:32	0:04:55	2:04:30	0:04:03	1:38:30		
379	53	103	4:28:37	960	2681	Laubscher Jaco	van der Riet Jaco	T	Team Mixed	0:28:34	0:02:09	2:24:58	0:01:37	1:31:17	Tripple J	De Wet Jaco
380	42	226	4:29:02	398	12105	KUNZ	RIAN	M	40-44 M	0:36:55	0:04:30	2:17:28	0:02:16	1:27:52		
381	7	52	4:29:25	452	3948	Serfontein	Liza	F	40-44 F	0:29:13	0:03:56	2:15:54	0:03:41	1:36:39		
382	41	104	4:29:34	1046	1426	Labuscagne Jacques	Notoko Bonga	T	Team Male	0:36:52	0:01:35	2:13:34	0:01:11	1:36:21	SMSPortal songo.info UmiZoomi	Gwerengwe Robert
383	27	227	4:29:41	493	1731	Herbert	James	M	45-49 M	0:28:56	0:06:38	2:23:40	0:03:31	1:26:55		
384	28	228	4:29:48	495	962	DU PLESSIS	DIONISIUS	M	45-49 M	0:30:19	0:03:57	2:17:03	0:02:33	1:35:54		
385	38	229	4:30:24	180	2565	Kruger	Freddy	M	30-34 M	0:32:23	-	-	-	3:58:01		
386	29	230	4:31:00	570	30291	hesseling	Peter	M	45-49 M	0:40:36	0:06:35	2:04:56	0:03:59	1:34:53		
387	43	231	4:31:35	406	3700	Frederich	Frederich	M	40-44 M	0:44:02	0:04:01	2:10:09	0:02:45	1:30:37		
388	54	105	4:31:58	1011	13134	van Niekerk Joni	van Niekerk Daniel	T	Team Mixed	0:31:52	0:01:30	2:22:21	0:01:21	1:34:53	The Joneses	Nel Stephanus
389	55	106	4:32:20	985	13638	Perold Rolans	Du Preez Hannes	T	Team Mixed	0:33:48	0:01:49	2:10:11	-	1:46:31	Tri Again	Mackenzie Tracy
390	36	232	4:32:36	102	1370	van der Merwe	Johan	M	25-29 M	0:36:23	0:05:04	2:35:03	0:06:04	1:10:00		
391	21	233	4:33:28	55	30043	Green	Alexander	M	20-24 M	0:37:27	0:05:03	2:20:58	0:06:29	1:23:29		
392	4	234	4:34:54	551	30656	van tromp	gustav	M	55-59 M	0:28:34	0:03:15	2:07:52	-	1:55:12		
393	22	235	4:35:01	41	3533	Honiball	Toit	M	20-24 M	0:29:17	0:04:21	2:33:50	0:03:00	1:24:32		
394	37	236	4:35:07	100	2791	Berry	Herman	M	25-29 M	0:36:03	0:06:10	2:25:56	0:02:36	1:24:21		
395	6	237	4:35:29	536	30978	Brown	Jim	M	50-54 M	0:27:06	0:05:05	2:23:21	0:04:39	1:35:17		
396	42	238	4:35:54	284	207	Sandler	Robin	M	35-39 M	0:31:40	0:06:05	2:19:26	0:03:32	1:35:10		
397	39	239	4:36:11	225	30860	Strauss	Johann	M	30-34 M	0:26:34	0:05:34	2:14:42	0:03:33	1:45:47		
398	38	240	4:36:19	99	3295	Sasman	Thaine	M	25-29 M	0:43:10	0:03:25	2:10:41	0:01:45	1:37:17		
399	11	107	4:36:21	974	1038	Mostert Nadine	Mehlhose Kristina	T	Team Female	0:35:33	0:01:51	2:37:16	0:01:23	1:20:17	Eternity	Baard Yolande
400	4	53	4:36:24	526	2346	Horn	Jenni	F	50-54 F	0:33:10	0:05:16	2:28:09	0:03:59	1:25:49		
401	44	241	4:36:27	393	976	Kirsten	Beyers	M	40-44 M	0:38:07	0:05:05	2:19:47	0:04:25	1:29:02		
402	30	242	4:36:49	182	3306	Bernstein	Jonathan	M	45-49 M	0:34:59	0:06:41	2:09:41	0:07:09	1:38:18		
403	8	54	4:36:54	148	30309	Crosland	Ashleigh	F	25-29 F	0:35:01	0:02:52	2:25:19	-	1:33:41		
404	40	243	4:37:00	210	1959	De Vos	Ebenhaezer	M	30-34 M	0:26:52	0:05:06	2:29:42	0:03:51	1:31:27		
405	45	244	4:37:11	399	2099	Haarhoff	Gareth	M	40-44 M	0:29:29	0:05:19	2:41:08	0:05:15	1:15:59		
406	245	4:37:22	575	1231	Hofmeyr	Jan Hendrik	M	No Cat	0:28:19	0:05:08	2:21:03	0:03:36	1:39:15			
407	12	108	4:37:33	990	11844	Rathbone Silke	Meinhong Gavin	T	Team Female	0:31:36	0:01:49	2:29:49	0:02:09	1:32:09	C&A Friedlander 3	Pieterse Eunice
408	9	55	4:37:51	85	2899	Broderick	Jayne	F	25-29 F	0:26:23	0:02:07	2:38:59	0:01:38	1:28:43		
409	46	246	4:37:54	587	30465	Fipaza	Songo	M	40-44 M	0:47:43	0:04:53	2:15:02	0:02:03	1:28:12		
410	47	247	4:37:58	405	1532	Stoltz	Thys	M	40-44 M	0:38:15	0:03:43	2:14:26	0:02:54	1:38:38		
411	42	109	4:38:15	988	13413	Prinsloo Hugo	Bierman Hugo	T	Team Male	0:44:00	0:02:12	2:41:56	0:01:58	1:08:07	Mississippi Kites	Pemberton Nicholas
412	31	248	4:38:32	492	30334	Theart	Alwi	M	45-49 M	0:39:29	0:05:59	2:19:50	0:05:08	1:28:05		
413	39	249	4:39:31	150	30703	Burnett	Van Wyk	M	25-29 M	0:31:08	0:04:45	2:25:27	0:05:12	1:32:58		
414	41	250	4:40:54	208	1953	Muller	Joe	M	30-34 M	0:33:22	0:04:36	2:31:00	0:04:26	1:27:29		
415	48	251	4:40:55	450	1168	Uys	Johannes	M	40-44 M	0:32:39	0:04:07	2:19:42	0:03:31	1:40:54		
416	32	252	4:41:20	491	1609	Bekker	JC	M	45-49 M	0:36:37	0:04:29	2:23:51	0:02:37	1:33:44		
417	8	56	4:41:45	285	30500	Janisch	Jenny	F	35-39 F	0:32:15	0:03:40	-	2:37:33	1:28:16		
418	43	253	4:41:52	332	13222	Jonker	Euan	M	35-39 M	0:31:19	0:05:21	2:26:53	0:04:59	1:33:19		
419	33	254	4:41:54	81	30846	De Kock	Clifford	M	45-49 M	0:37:05	0:03:22	2:34:10	0:03:29	1:23:46		
420	56	110	4:41:57	934	13427	Griebenow Samnatha	Holdt Mark	T	Team Mixed	0:44:12	0:02:19	2:35:12	0:01:27	1:18:46	Mud Sweat and Tears	Lubbe Neil
421	49	255	4:42:00	441	1243	Allie	Alexei	M	40-44 M	0:34:10	0:03:50	2:34:53	0:02:49	1:26:17		
422	34	256	4:42:00	481	1306	Brummer	Kerneels	M	45-49 M	0:30:59	0:06:30	2:25:43	0:03:38	1:35:08		
423	40	257	4:42:36	138	13307	Pitout	Jarred	M	25-29 M	0:46:12	0:04:47	2:24:19	0:02:13	1:25:04		
424	41	258	4:43:12	113	30265	Potgieter	Albert	M	25-29 M	0:32:59	0:04:24	2:28:08	0:04:31	1:33:09		
425	44	259	4:44:00	302	12346	Bosch	Wouter	M	35-39 M	0:33:23	0:06:02	2:15:06	0:03:32	1:45:55		
426	260	4:45:38	932	13202	No Data	No Data	M	No Cat	0:32:42	0:01:49	3:00:04	0:01:23	1:09:38			
427	42	261	4:46:02	232	1657	Parker	Jeffrey	M	30-34 M	0:28:01	0:03:38	2:31:57	0:02:48	1:39:37		
428	50	262	4:46:57	381	3075	burke	jonathan	M	40-44 M	0:30:29	0:03:07	2:25:19	0:02:02	1:45:59		
429	8	57	4:47:16	384	2531	Baker	Jolande	F	40-44 F	0:32:39	0:02:55	2:40:06	0:03:24	1:28:10		
430	43	263	4:47:18	512	1662	Walwyn	Timothy	M	30-34 M	0:25:24	0:03:52	2:40:20	0:04:01	1:33:40		
431	43	111	4:47:32	1004	12102	Staack Alex	Shield Simon	T	Team Male	0:29:51	0:01:51	3:04:26	0:01:15	1:10:07	Team ASS	Kirkbride Scott
432	44	112	4:47:46	994	1404	Rontgen Ludi	Nieuwoudt Janneman	T	Team Male	0:34:34	0:02:04	2:33:39	0:01:21	1:36:06	Trompie	Naude Dewald
433	8	58	4:48:14	214	2582	Greenewald	Mariska	F	30-34 F	0:35:25	0:05:48	2:35:19	0:02:52	1:28:49		
434	3	59	4:48:23	51	1855	Pons	Emma	F	20-24 F	0:30:57	0:05:02	2:42:04	0:04:46	1:25:33		
435	4	60	4:48:33	44	3574	Gouws	Danielle	F	20-24 F	0:26:53	0:04:43	2:48:20	0:02:54	1:25:42		
436	45	264	4:48:43	322	2982	DE WET	KEVIN	M	35-39 M	0:38:04	0:05:31	2:23:23	0:02:16	1:39:28		
437	7	265	4:49:02	522	3596	Daffue	Hein	M	50-54 M	0:37:22	0:05:45	2:22:12	0:05:20	1:38:22		
438	5	61	4:49:11	31	30411	Leyland	Terri-Jo	F	20-24 F	0:28:09	0:01:49	2:52:07	0:01:16	1:25:49		
439	51	266	4:49:48	407	1034	Van Tonder	Piet	M	40-44 M	0:34:13	0:06:30	2:20:42	0:03:35	1:44:47		

P Dist	P_Cat	P_Sex	FinishTime	Race#	Chip Nr	Surname	Name	Sex	Category	Swim	T1	Bike	T2	Run	Team name	Team member 3
440	35	267	4:50:26	503	1151	Tucker	Robert	M	45-49 M	0:32:01	0:03:49	2:24:42	0:02:55	1:46:58		
441	42	268	4:50:32	97	30890	Slabber	Thinus	M	25-29 M	0:32:53	0:05:15	2:25:18	0:03:49	1:43:16		
442	44	269	4:50:59	237	462	Kirkby	Kenneth	M	30-34 M	0:33:55	0:03:58	2:33:31	0:03:41	1:35:52		
443	45	113	4:51:08	1017	13954	Watermeyer Nicholas	Alembong Oswald	T	Team Male	0:31:31	0:02:03	2:29:19	0:01:30	1:46:44	The Golden Swifts	Roland Gunther
444	9	62	4:51:21	294	13374	kaestner	lisa	F	35-39 F	0:40:19	0:04:23	2:30:43	0:02:33	1:33:22		
445	46	114	4:51:25	1051	2416	Dirksen Dirk	Ntshokolwane Lihle	T	Team Male	0:27:13	0:01:50	2:32:15	0:01:14	1:48:52	SMSPortal songo.info Shongololos	Hartenberg AJ
446	52	270	4:51:40	411	13575	Klusmann	Johann	M	40-44 M	0:38:07	0:04:49	2:32:19	0:04:24	1:31:59		
447	7	63	4:52:00	467	3918	Christian	Lynn	F	45-49 F	0:44:32	0:04:16	2:27:41	0:03:15	1:32:15		
448	36	271	4:52:18	497	2472	sjuerman	jurjen	M	45-49 M	0:40:07	0:04:45	2:23:51	0:03:24	1:40:10		
449	47	115	4:52:24	956	689	La cock Louis	Heunis Floris	T	Team Male	0:38:17	0:02:07	2:43:11	0:01:34	1:27:14	geriatrics	Heunis Chris
450	43	272	4:52:58	118	1558	Middleton	Stephen	M	25-29 M	0:33:50	0:06:43	2:15:48	0:04:30	1:52:05		
451	37	273	4:53:15	498	67	Voigt	Wayne	M	45-49 M	0:41:42	0:03:51	2:35:44	0:02:50	1:29:07		
452	45	274	4:53:33	204	2906	Meyer	Jack	M	30-34 M	0:37:00	0:10:36	2:19:55	0:05:38	1:40:23		
453	57	116	4:54:01	1030	1227	Oosthuisen Alice	Whelpton Samantha	T	Team Mixed	0:25:13	0:01:59	3:12:55	0:01:12	1:12:41	Team name?	Wolmarans Ian
454	48	117	4:54:26	926	12125	Ehlers Anton	Kock Niel	T	Team Male	0:25:09	0:02:55	2:59:57	0:02:24	1:24:00	Almost Sixty	Loots Johannes
455	23	275	4:54:42	54	30935	Pagel	Calvin	M	20-24 M	0:29:14	0:05:59	2:28:15	0:06:30	1:44:43		
456	9	64	4:54:48	443	3673	MOelans	Tamarin	F	40-44 F	0:29:53	0:05:04	2:33:15	0:03:09	1:43:26		
457	53	276	4:55:07	373	12885	McQueen	Shaun	M	40-44 M	0:40:50	0:05:38	2:20:32	0:04:36	1:43:29		
458	46	277	4:55:41	236	329	Bouwer	Erich	M	30-34 M	0:45:28	-	-	-	4:10:13		
459	9	65	4:56:15	175	3273	Cunningham	Alexa	F	30-34 F	0:30:06	0:04:03	2:41:05	0:04:21	1:36:39		
460	10	66	4:56:32	409	13008	Vockins	Cecilia	F	40-44 F	0:33:07	0:05:53	2:26:27	0:06:46	1:44:18		
461	44	278	4:57:28	132	30210	Van der Merwe	Jacobus	M	25-29 M	0:31:24	0:03:58	2:29:57	0:02:43	1:49:24		
462	54	279	4:57:45	391	3215	Collier	Philip	M	40-44 M	0:36:29	0:05:30	2:27:01	0:03:50	1:44:54		
463	47	280	4:58:03	213	2884	Oliver	Kevin	M	30-34 M	0:40:10	0:02:45	2:39:57	0:02:20	1:32:49		
464	45	281	4:58:26	122	924	Jones	Mark	M	25-29 M	0:33:12	0:05:26	2:29:18	0:06:07	1:44:22		
465	24	282	4:58:52	61	30510	Campbell-Gillies	Stuart	M	20-24 M	0:29:01	0:02:47	2:48:19	0:02:27	1:36:17		
466	49	118	4:59:06	982	13451	Oberholzer Johannes	Kaufman Christo	T	Team Male	0:50:46	0:02:07	2:12:06	0:01:17	1:52:49	BUILD-LAW	Oberholzer Van Zyk
467	58	119	4:59:20	1010	13915	van Coppenhagen Elizabe	Hitchock Francis	T	Team Mixed	0:24:24	0:02:21	2:50:19	0:01:25	1:40:50	Zest Fruit	Netterville Rory
468	8	283	4:59:48	545	3968	Venter	Gus	M	50-54 M	0:49:26	0:05:44	2:24:04	0:03:26	1:37:07		
469	46	284	5:00:17	106	30340	Keyser	Gerrit Viljoen	M	25-29 M	0:37:08	0:05:52	2:32:47	0:04:06	1:40:23		
470	11	67	5:00:47	388	2909	Bekker	Lizel	F	40-44 F	0:32:18	0:04:25	2:51:25	0:02:00	1:30:37		
471	9	285	5:01:43	527	2410	Sayers	Mark	M	50-54 M	0:32:19	0:04:06	2:28:57	0:02:23	1:53:57		
472	25	286	5:02:08	25	30123	Sayers	Gareth	M	20-24 M	0:32:20	0:04:06	2:29:01	0:02:20	1:54:19		
473	46	287	5:02:34	309	1640	du Toit	Dolf	M	35-39 M	0:35:42	0:04:45	2:36:44	0:04:14	1:41:08		
474	47	288	5:03:08	125	457	Michau	Niel	M	25-29 M	0:45:19	0:03:09	2:45:34	0:01:25	1:27:40		
475	10	68	5:03:42	143	2649	Van Heerden	Sjaan	F	25-29 F	0:32:42	0:04:34	3:05:18	0:02:20	1:18:46		
476	10	289	5:05:06	540	2327	Roberg	Matthias	M	50-54 M	0:32:32	0:06:04	2:29:03	0:06:07	1:51:19		
477	55	290	5:05:19	428	30896	Rabie	Gher	M	40-44 M	0:44:59	0:04:13	2:17:44	0:02:33	1:55:49		
478	38	291	5:07:01	470	461	Brummer	Stefaans	M	45-49 M	0:45:37	0:06:27	2:29:30	0:03:20	1:42:06		
479	2	69	5:07:09	554	2194	Bobbert	Penny	F	55-59 F	0:34:49	0:04:34	-	2:34:35	1:53:10		
480	56	292	5:07:22	437	720	landman	rihan	M	40-44 M	0:25:16	0:05:25	2:33:03	0:04:27	1:59:10		
481	59	120	5:07:35	948	11369	Janssen Saskia	Strano Dominic	T	Team Mixed	0:43:25	0:02:13	-	3:08:32	1:13:24	Skinny Hippos	Le Rouz Anna Rosa
482	6	70	5:08:11	47	30441	kroes	Hantie	F	20-24 F	0:27:49	0:04:37	2:48:11	0:02:46	1:44:46		
483	10	71	5:08:49	350	30928	Moore	Vibeke	F	35-39 F	0:43:45	-	-	-	4:25:04		
484	11	72	5:09:27	149	30776	Erasmus	Vilma	F	25-29 F	0:29:06	0:04:13	3:00:39	0:03:05	1:32:23		
485	48	293	5:10:28	131	3008	Van Heerden	Matthew	M	25-29 M	0:46:35	0:05:33	2:27:21	0:03:45	1:47:13		
486	11	294	5:10:45	529	3428	Pelletter	Michael	M	50-54 M	0:34:32	0:05:14	2:40:14	0:02:39	1:48:05		
487	48	295	5:12:35	223	3367	Hill	Clinton	M	30-34 M	0:33:03	0:04:51	2:58:44	0:03:29	1:32:27		
488	12	296	5:15:20	520	3056	Rabie	Huddleston	M	50-54 M	0:43:57	0:03:55	2:53:14	0:04:35	1:29:38		
489	60	121	5:15:33	1002	13607	Smit Marike	Norman Henry	T	Team Mixed	0:29:59	0:01:45	3:11:39	0:01:31	1:30:37	Duesouth	Schroder Dieter
490	50	122	5:15:57	1053	807	Dumbrill Doug	Mayepu Thembinkosi - Ben	T	Team Male	-	0:31:44	-	-	4:44:12	SMSPortal songo.info @DirectChoice	Botha Andrew
491	11	73	5:16:22	303	1676	Haarhoff	Charlene	F	35-39 F	0:32:00	0:06:18	-	3:23:19	1:14:44		
492	12	74	5:16:58	317	3615	Vockins	Jacqueline	F	35-39 F	0:38:38	0:04:30	2:58:25	0:03:53	1:31:31		
493	13	123	5:18:32	1057	30457	Mc Cracken Kim	Boyce Besty	T	Team Female	0:24:45	0:02:12	-	-	4:51:34	SMSPortal songo.info BestyBee	Laubser Jeanie
494	12	75	5:20:07	93	3535	Milne	Jessica	F	25-29 F	0:32:43	0:05:48	3:04:25	0:02:11	1:34:59		
495	49	297	5:20:41	139	1910	Bone	James	M	25-29 M	0:37:12	0:04:31	2:34:48	0:04:16	1:59:53		
496	47	298	5:21:16	339	496	Lane	James	M	35-39 M	0:33:50	0:05:38	2:52:03	0:03:09	1:46:35		
497	50	299	5:21:42	140	12282	Kraemer	Burger	M	25-29 M	0:35:51	0:05:25	2:42:36	0:04:28	1:53:21		
498	14	124	5:22:45	1043	304	Baker Bev	Madolo Kayakazi	T	Team Female	0:29:00	0:02:00	-	-	4:51:43	SMSPortal songo.info Team 3 Strong	Hill Nicki
499	51	125	5:23:15	980	12034	Nicolella Yvan	Fox Darren	T	Team Male	0:27:32	0:02:34	3:21:36	0:02:09	1:29:23	TeamFTN	Myburg Andrea
500	15	126	5:23:15	979	1887	Nicolella Jacqui	Taylor Georgette	T	Team Female	-	0:30:06	3:14:37	0:01:51	1:36:39	Turbo Team	Fox Angela
501	16	127	5:24:35	1024	3098	Wolmarans Elzanne	Kruger Clara-Ann	T	Team Female	0:33:55	0:02:31	-	-	4:48:08	The Descent	De Jager Zoe
502	61	128	5:25:56	952	12048	Koegelenberg Come	Duncan Monique	T	Team Mixed	0:32:02	0:02:26	-	-	4:51:27	Wild@Heart	Koegelenberg Come
503	26	300	5:26:29	35	30074	Brink	Casper	M	20-24 M	0:29:07	0:04:52	2:48:02	0:03:34	2:00:52		
504	62	129	5:26:34	981	13401	Novitzkas Gary	Novitzkas Melanie	T	Team Mixed	0:33:16	0:02:08	-	-	4:51:09	Juniva Racing	Gastm Stuart
505	12	76	5:29:18	440	30373	Batt	Jacqueline	F	40-44 F	0:43:14	0:06:06	2:48:07	0:05:14	1:46:36		
506	57	301	5:29:21	431	30387	Bosch	Rudy	M	40-44 M	0:36:44	0:05:09	2:34:55	0:04:44	2:07:48		
507	13	77	5:29:25	151	30307	Smith	Nicola	F	25-29 F	0:37:44	0:05:36	2:59:37	0:03:05	1:43:22		
508	48	302	5:31:59	292	332	Van zyl	Robert	M	35-39 M	0:34:06	0:05:55	-	3:21:26	1:30:31		
509	63	130	5:32:48	1062	3750	Kruger Justin	Siko Ncumisa	T	Team Mixed	0:30:47	0:01:55	-	-	5:00:05	SMSPORTAL songs.info Just Cat	Holland Catherine
510	58	303	5:35:20	377	12305	darwood	alun	M	40-44 M	0:36:27	0:04:23	-	3:11:47	1:42:42		
511	51	304	5:36:11	126	1528	Pieterse	Gerhard	M	25-29 M	0:49:32	0:04:34	2:36:01	0:04:06	2:01:57		
512	64	131	5:36:50	1013	13632	Penderis Kirsten	Doyle Conan	T	Team Mixed	0:31:48	0:02:21	-	-	5:02:40	van Schalkwyk Siblings	van Schalkwyk Tessie
513	13	78	5:37:29	372	1499	le Roux	Julia	F	40-44 F	0:31:09	0:04:03	3:10:28	0:02:29	1:49:19		

P_Dist	P_Cat	P_Sex	FinishTime	Race#	Chip Nr	Surname	Name	Sex	Category	Swim	T1	Bike	T2	Run	Team name	Team member 3
514	65	132	5:38:10	1063	657	Wessels Bianca	Volibi Anele	T	Team Mixed	0:33:20	0:01:46	-	-	5:03:03	SMSPortal songo.infoBAS	Beckerling Stephen
515	17	133	5:38:52	1050	30575	MoolmanRobyn	Dyosi Sinethemba	T	Team Female	0:42:34	0:02:02	3:02:19	0:01:36	1:50:20	SMSPortal songo.info Team XTERRA Junkies	Petersen Ashlene
516	18	134	5:40:49	1048	1613	Korte Janice	Van Wyk Franzet	T	Team Female	0:34:05	0:02:02	-	-	5:04:41	SMSPortal songo.info Super-stars	Themba Mathapelo
517	14	79	5:48:46	404	12577	Cooper	Colette	F	40-44 F	0:40:10	0:06:51	2:53:54	0:05:21	2:02:29		
518	59	305	5:53:45	432	3678	Watkins	Nicholas	M	40-44 M	0:36:22	0:06:13	2:51:42	0:04:16	2:15:11		
519	49	306	5:55:05	212	11705	Caninus	Hugo	M	30-34 M	0:43:53	0:06:21	2:54:33	0:05:12	2:05:05		
520	39	307	6:05:50	479	2624	Butler	William	M	45-49 M	0:43:38	0:09:50	-	3:07:18	2:05:03		
P_Dist	P_Cat	P_Sex	FinishTime	Race#	Chip Nr	Surname	Name	Sex	Category	Swim	T1	Bike	T2	Run	Team name	Team member 3
			DNF	29	30071	Smit	Marlette	F	20-24 F	0:19:13	0:01:40	2:45:31	0:01:32	-	29	
			DNF	258	1663	Winterbach	Karin	F	35-39 F	0:26:56	0:02:23	-	-	-	258	
			DNF	935	13795	Grisdale Bronwyn	Allen Courtney	T	Team Mixed	0:27:50	0:01:49	1:36:05	0:00:57	-	Try-Athletes	Winter Paul
			DNF	370	12343	flack	terry	M	40-44 M	0:27:56	0:02:39	-	-	-	370	
			DNF	475	3826	Lamers	Rolf	M	45-49 M	0:31:03	0:06:23	-	-	-	475	
			DNF	532	30206	Zach	Benade	M	50-54 M	0:31:46	0:04:48	-	-	-	532	
			DNF	42	229	Hops	Nicholas	M	20-24 M	0:32:40	0:03:36	-	-	-	42	
			DNF	618	3599	Keet	Janet	F	45-49 F	0:33:24	-	-	-	-	618	
			DNF	233	764	van besouw	john	M	30-34 M	0:36:08	0:03:35	-	-	-	233	
			DNF	101	3623	De Wet	Eben	M	20-24 M	0:36:40	0:05:48	2:57:58	-	-	101	
			DNF	71	13426	Steyl	Lourens	M	20-24 M	0:40:18	0:03:35	2:08:30	0:01:37	-	71	
			DNF	515	1203	de kock	clifford	M	45-49 M	-	0:30:09	-	-	-	515	
			DNF	293	351	Arbuthnot	Michael	M	35-39 M	0:23:48	0:02:43	1:49:07	0:01:47	-	293	
			DNF	48	13	ABELS	FADIA	F	20-24 F	0:26:35	0:02:57	-	-	-	48	
			DNF	109	1302	Peyer	Denise	F	25-29 F	0:33:06	0:04:55	2:15:27	0:01:28	1:21:34	109	
			DNF	230	1362	Francis	Didi	F	30-34 F	0:33:20	0:03:48	2:16:18	-	-	230	
			DNF	549	2699	de Milander	Dimmie	M	55-59 M	0:37:23	0:06:28	1:41:13	-	2:13:01	549	
			DNF	506	3714	O'Brien	Robert	M	45-49 M	0:38:59	0:08:02	2:19:34	-	-	506	
			DNF	566	2294	Vermeulen	Peter	M	40-44 M	-	0:30:45	-	-	3:23:43	566	
			DNF	983	10134	Oosthuizen Andre	Brinkhuis Gareth	T	Team Male	-	0:30:48	-	-	3:01:41	Wild Bro's	Pace Elroy
			DNF	995	11553	Rossouw Christal	Lodder Shaun	T	Team Mixed	-	0:31:54	-	-	3:23:22	Team CLS	Nel Lindie
			DNF	73	13170	Mills	Leanne	F	25-29 F	-	0:32:59	-	-	3:59:10	73	
			DNF	539	158	Smedema	Elmarie	F	50-54 F	-	0:33:00	-	-	4:21:13	539	
			DNF	445	30063	Bosch	Hennie	M	40-44 M	-	0:35:15	2:07:22	-	1:57:29	445	
			DNF	439	675	watson	michael	M	40-44 M	-	-	-	-	4:04:58	439	
			DNF	359	13596	Oliver	Stuart	M	40-44 M	-	-	-	-	-	359	
			DNF	387	12897	moir	mark	M	40-44 M	-	-	-	-	-	387	
			DQ Start	1029	2788	Pereira Catherine	Pereira Jesse	T	Team Mixed	0:29:10	0:07:09	-	-	3:28:32	Team Pereira	Owen Michael